



We want to know what dignity means to older African Caribbean and Black Welsh men and women living in Cardiff.

Can you help?

Please take a minute to read this leaflet to learn more
about the study and how you can get involved.



WERC

Wales Ethnicity Research Collaboration
Cydwethrediad Ymchwil Ethnigrwydd Cymru

Why are we doing the study?

We want to know your views and thoughts on dignity.

Dignity is about your human rights, your sense of worth and self-respect, and your ability to control and make decisions about your life.

We want to know your views and thoughts on dignity. What does dignity mean to you? How do you maintain your sense of respect and self worth? We also want to capture your experiences of when your dignity has been acknowledged and respected, or when it has been threatened.

This study is interested in your use of social care services, as well as what your expectations are of these services.

Social care services are offered by local authorities and by voluntary organisations to help support the health and wellbeing of local residents. This includes older people who may need help with daily living activities, such as home care help with cleaning and shopping, disability equipment and adaptations to your home, or residential care.

The questions we ask about dignity will be linked to your expectations and experiences of social care. The study aims to raise awareness of the importance of dignity and dignified care with first-hand accounts from older people like you that help bring these issues to life.

How are we doing the study?

We would like to talk to African-Caribbean and Black Welsh people aged 50 years and over who are living in Wales.

We will ask you to tell us what dignity and respect mean to you, and to share with us your views, experiences and expectations of the type of care you have had or would expect to receive. We will ask people if we can audiotape and, in some cases, videotape their stories.

What will we do with our findings?

What you tell us in this study will be used to inform a larger, future study. What we learn from this study will help us decide some of the things we need to ask about dignified care and the best way to capture this information with a larger group of men and women across Wales. The study aims to raise awareness of the importance of dignity and dignified care. These findings will also help in the development of other studies in this area.

We will share the views and experiences we have captured with you and are committed to ensuring that you are kept informed of the progress we make.

A report of the research findings will be given to the Welsh Assembly Government who has funded this project under the New Ideas Research Fund.



Who is doing the study?

The study is being carried out by Wales Ethnicity Research Collaboration (WERC), a research group with partners based at the Faculty of Health, Sport & Science, University of Glamorgan, and Ethnic Minorities Communities, Cardiff Communities First. This study benefits from the extensive experience of two community-based researchers and activists, **Edna Esprit-Griffiths and Pauline Andam**, who are members of the research team.



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