

## Research Bulletin 17

February 2010

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## Research News &amp; Information

 **Receive 20% off:****Ethnicity, Race, and Health in Multicultural Societies**

Foundations for better epidemiology, public health, and health care

**Raj S Bhopal.**


*Ethnicity, Race, and Health in Multicultural Societies* provides an accessible introduction to concepts of race and ethnicity including their uses and misuses. The strengths and weaknesses of these concepts in terms of epidemiology, policy making, health service planning, research, health care and health promotion are illustrated.

The book emphasises theory, ideas and principles, and aims to help counteract the unethical and theoretical methods often used to study ethnicity. Practical application of the theory is demonstrated through the use of extensive examples, making this an ideal foundation text or refresher for those involved in race and ethnicity from a health care perspective.

*Winner of Specialist Readership category, MJA Open Book Awards 2008*

Receive 20% off this title. Visit [www.oup.com/uk](http://www.oup.com/uk) and add the title to the basket. Enter the promotion code: **ampromo10** at the checkout.

## New publication:

 **Young people of Chinese origin in western countries: a systematic review of their sexual attitudes and behaviour.** Juping Yu. *Health & Social Care in the Community* (2010) Volume 18, Issue 2, Pages 117-128.

People of Chinese origin are a growing population group in western countries. The community is seen to be marginalised, under-researched and neglected, in fact the

least understood ethnic minority. This paper reports on a systematic review of sexual attitudes and behaviour among ethnic Chinese young people (mainly aged 13–25 years) living in western countries. An extensive literature search was conducted to cover the period of 1989 and 2009 using Medline, CINAHL, PsycINFO and ScienceDirect databases. There has been a dearth of literature in this area. However, results from existing literature show that ethnic Chinese youth reported poorer sexual health knowledge than white young people in their host countries, while they were found to be more likely to disapprove of uncommitted sex, be virgins, lose their virginity at a later age and have fewer sexual partners. Factors associated with their sexual attitudes and behaviour have also been identified. Countries like the United Kingdom, United States and Canada have become multicultural societies with many diverse ethnic groups. Without doubt educators and sexual health professionals need to provide sex education and services which should be culturally appropriate to people from diverse ethnic backgrounds. An understanding of their sexual values, sexual behaviour and associated factors is the first step towards achieving this goal.

## Research Funding Opportunities

### ■ THE HEDLEY FOUNDATION

The Hedley Foundation supports projects concerned with the education, training and health and welfare of young people in the UK. It also funds projects providing support for carers of disabled people and the terminally ill, and provides funding for the purchase of specialist medical equipment. The Trustees meet six times a year to consider grant applications. The 2010 meeting dates are as follows: 17th March 2010, 19th May 2010, 21st July 2010, 29th September 2010, 24th November 2010. Applications must be received at least three weeks prior to a meeting to be eligible for consideration.

Visit: <http://www.hedleyfoundation.org.uk>

### ■ BRITISH ACADEMY

This scheme offers an opportunity for scholars of post-doctoral or equivalent status who wish to do their own research in one of the countries with which the Academy has a bilateral agreement in the fields of the humanities and social sciences: China, Georgia, Russia, Taiwan (Academia Sinica).

Level of award The Academy covers economy travel and visa expenses, where applicable. Accommodation and maintenance are met by the receiving partner organisation. Normal length of visit: between two and four weeks, but longer visits may be possible: contact the International Relations Department for further information. Applicants should allow at least six months from the closing date for applications to the proposed start of their activities.

Further information Please refer to the individual country's web page on the British Academy's website for further details. The Closing Date for applications is 8 April 2010. Decisions are expected to be announced in June.

**Funder link:** [British Academy](#)

**Scheme link:** [Research Visits](#)

## Events

### ■ [Ethnic Diversity in UK Social Research & Public Policy Research](#) <http://research.shu.ac.uk/ethics-ethnicity/htm/outputs/Workshops.html>

#### [Free workshops in London and Sheffield](#)

The multidisciplinary team of researchers from Sheffield Hallam University, London Metropolitan University and the University of Alberta are running a series of free workshops in Sheffield and London to examine issues relating to good ethical and scientific practice when researching ethnic diversity in UK Social & Public Policy Research. The workshops will explore how to increase the **quality** of research with ethnic minority groups focussing specifically on **ethical** and **scientific** issues. Guidance for good practice will be shared with room for discussion and debate. Findings from our [JRF funded project](#) will also be disseminated. Four tailored day workshops (11:00am-4:00pm) are planned. These are aimed at researchers and funders/commissioners of social research.

15th April for researchers in HEIs (particularly junior researchers & doctoral students) and hosted by Sheffield Hallam University.

16th April for researchers in government departments and hosted by Sheffield Hallam University

27th April for researchers in private research agencies and hosted by London Metropolitan University

28th April for commissioners and funders of social research and hosted by London Metropolitan University

For further details about the workshops please contact Ruth Barley at this email address [R.Barley@shu.ac.uk](mailto:R.Barley@shu.ac.uk)

### ■ [Brief Intervention for Smoking Cessation Training Day](#)

Stop Smoking Wales is pleased to offer a **free**, one-day brief intervention training course.

#### [What is brief intervention training for smoking cessation?](#)

Brief intervention is a method of discussing smoking and quitting in a positive, non-confrontational way to encourage smokers to think about giving up and enable them to access specialist support when they are ready.

#### [Who is the training for?](#)

This training is suitable for all health and community workers who come into contact with smokers on a regular basis.

### What will the training cover?

- Smoking-related issues and concerns, prevalence, recent changes to the law, the health risks of smoking and the benefits of quitting
- Understanding why people smoke and why it can be difficult to quit
- Recognising when a person may be ready to quit
- Developing practical skills to make effective brief interventions
- How to refer to Stop Smoking Wales and what the service offers

### Who is delivering the training?

The training has been developed by Stop Smoking Wales practitioners and is accredited through the Royal College of Nursing and Agored Cymru (formerly Open College Network Cymru). The course will be delivered through the medium of English.

### How much does the training cost?

The course is free. If you book a place but are unable to attend, please let us know as soon as possible so we can offer the place to someone else. Cancellation must be made no later than 48 hours prior to the start of the course or a non-attendance fee of £75 may be charged. **Further information:** contact Stop Smoking Wales on 0800 085 2219.

## Acknowledgements

Articles for this bulletin were received from our sister e-group (minority ethnic health - MINORITY-ETHNIC-HEALTH@JISCMAIL.AC.UK), our OPAN colleagues (<http://www.opanwales.org.uk/>), our PHIRN colleagues ([www.phirn.org.uk](http://www.phirn.org.uk)), Dave O'Carroll of RCN Research and Development Co-ordinating Centre, the Black Voluntary Sector Network Wales (BVSNW), Oxford University Press. To find out more about WEDHS, visit our website at [www.wedhs.org.uk](http://www.wedhs.org.uk). Please contact Dr Susannah Kimani ([skimani@glam.ac.uk](mailto:skimani@glam.ac.uk)) if you wish to include an item in the next bulletin.