



Wales Equality and Diversity in Health and Social
Care Research and Support Service

Gwasanaeth Cydraddoldeb ac Amrywioldeb Cymru mewn
Cefnogi Iechyd ac Ymchwil Gofal Cymdeithasol

Research Bulletin 11

May 2009

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Research News & Information

◆ New resources from SCIE

Adults' services

At a glance 3: Nutritional care and older people

Nutritional care is a priority for older people. Health and social care services need to ensure access to a choice of good quality food that meets people's dietary, cultural and religious requirements. This new format summary provides guidance on nutritional care for the social care sector as part of SCIE's work on dignity.

Click to access [At a glance 3: Nutritional care and older people](#)

Research briefing 20: The implementation of individual budget schemes in adult social care. This updated research briefing reveals that, despite challenges, there is emerging international evidence that self-directed care is popular with people who use services and can lead to health gains and consequent efficiency gains.

Click to access [Research briefing 20: The implementation of individual budget schemes in adult social care](#)

Research briefing 31: Co-production: an emerging evidence base for adult social care transformation. This research briefing examines the definitions of co-production and its use as a potentially transformative way of thinking about social care. Click to access [Research briefing 31: Co-production: an emerging evidence base for adult social care transformation](#)

Research briefing 30: The relationship between dual diagnosis: substance misuse and dealing with mental health issues

Social workers have a distinctive role to play in multi-agency work for dual diagnosis and the briefing examines this in relation to assessment, long term care and service user involvement. Click to access [Research briefing 30: The relationship between dual diagnosis: substance misuse and dealing with mental health issues](#)

◆ User Involvement

INVOLVE - Promoting public involvement in NHS, public health and social care research.

INVOLVE is a programme of the National Institute for Health Research (NIHR) and was established to promote public involvement in research, in order to improve the way that research is prioritised, commissioned, undertaken, communicated and used. They believe that research which reflects the needs and views of the public is more likely to produce results that can be used to improve practice in health and social care. A quarterly newsletter is produced. The latest issue of INVOLVE newsletter includes articles on:

- Reflections and future directions by Peter Beresford
- Two articles on payment for public involvement in research
- Women service users and alcohol issues
- How to decide whether to help researchers find people to take part in research
- Information for Researchers on the Young People's Public Health Reference Group
- Involving parents in a research study –

Website: <http://www.invo.org.uk/>

◆ **A new association for ethnic minority in Newport: Minority Ethnic**

Community Health Association for Newport: Initiating Change (MECHANIC)

MECHANIC aims to establish an umbrella association to improve the health of all minority ethnic communities (MEC) in Newport

Objectives

- Share information and best practice.
- Identify Health Needs of MEC.
- Make appropriate recommendations to improve MEC health.
- Act as a research and consultation body.
- Provide cultural awareness training for health professionals.
- Produce culturally appropriate Health Promotion resources.

Source funding for project work

Funding Opportunities

◆ **Diabetes UK AHP, Nurse and Midwife Research Training Fellowship**

These Fellowships are open to allied health professionals, nurses and midwives who are committed to the care of people with diabetes and their carers and who wish to undertake training in clinical or basic science research at a UK Higher Education institution leading to a PhD. **Closing date for applications: 11**

September 2009. Contact: Diabetes UK. Email: research@diabetes.org.uk

<http://www.rdfunding.org.uk/Queries/ListGrantDetails.asp?GrantID=14050>

◆ **National Institute of Mental Health**

Health Behaviour Change in People with Mental Disorder

Deadline: 5th June 2009.

The National Institute of Mental Health (NIMH) encourages studies on health behaviour change related to function, disability, morbidity, and mortality in people with mental disorders. An important goal of this Funding Opportunity Announcement (FOA) is to identify potent, modifiable risk and protective health behaviour factors amenable to intervention, and to translate the results of such studies into initial tests of theory-driven prevention and early intervention strategies aimed at improving function and decreasing disability, morbidity, and

mortality among people with mental disorders. Risk and protective factors include biological, psychosocial, behavioural, and environmental contributors to health behaviours among people with mental disorders. It is incumbent upon the applicant to demonstrate the public health significance of the study by describing the severity and/or prevalence of the health behaviours, disability, morbidity, or mortality of the populations represented in the topics studied.

Telephone: 001 866 615 6464

<http://rdfunding.org.uk/Queries/ListGrantDetails.asp?GrantID=12475>

◆ BEACON FOR WALES

Deadline: 9am, 1st June 2009

The Beacon for Wales aims to generate a culture change within Higher Education whereby institutions value and reward public engagement. Part of this will be an effort to improve the quality and quantity of public engagement undertaken by Higher Education Institutions throughout Wales. A key part of the overall programme is to support projects that seek to extend the capabilities of Higher Education staff and students to undertake public engagement.

Projects are sought that clearly show how they develop academic staff and students' skills and confidence in undertaking public engagement in a supportive manner. All projects will be expected to undertake evaluation that is consistent across the Beacon for Wales projects in order to allow an overall evaluation to be achieved.

It is expected that all projects will have a lifecycle that allows for evaluation to be completed by July 2011. In the first round of funding, successful projects ranged from £6,100 - £16,800 with a mean value of £10,700.

Please contact Bruce Etherington (029 2087 0094 etheringtonbm@cardiff.ac.uk) or Rachel Bowen (0292087 6414 bowenra2@cardiff.ac.uk) who will be happy to help.

Events

◆ British Science Association - 'Perspectives'

Do you discuss your science with confidence? Is social impact any more than a sentence at the start of a publication? Perspectives, a poster competition with a difference, is a chance for you to discuss your research with a non specialist audience. Attend an interactive training day – learn about poster design and sharpen your communication skills. Present your poster at the British Science Festival in September at the University of Surrey. Cash prizes are awarded by a panel of expert judges. For further info and to apply online visit:

www.britishecienceassociation.org/perspectives

◆ People Skills

(Dealing with difficult behaviour) 3 June 2009

Venue: Cardiff – full disabled access Aim: To help improve participants confidence when dealing with difficult or intimidating behaviour

Objectives:

By the end of the course participants will be able to Learn about different personality types. Explore the difference between aggression and assertiveness Consider the importance of body language. Adopt strategies for handling difficult behaviour. Understand the power of words and ways to use them effectively Assess themselves re personality and behaviour patterns. Would you benefit from this course? If the answer to any of the following questions is yes then book now. Lacking confidence when dealing with complaints or criticisms? Unsure how to calm someone down when they are angry? Unable to express your own viewpoint assertively? Tend to become aggressive, or passive, under pressure? Want to practice assertive strategies in a safe environment?

For bookings/enquiries contact Shirley David, Business & Employment Support & Training, 17 Milton Meadows, Milton, Nr Tenby, SA70 8PL or telephone 01646 651655. Email her on sdavid@bestuk.org.uk or book via the website on www.bestuk.org.uk Fee £75.00 includes certification, refreshments and lunches.

◆ HEALTH IMPACT ASSESSMENT TRAINING COURSES 1st July 2009 and the 29th September - 1st October 2009.

Health impact assessment is a tool that can help organisations to assess the possible consequences of their decisions on people's health and well-being, thereby helping to develop more integrated policies and programmes. WHIASU are pleased to announce 2 exciting new HIA Courses to be held in July and September 2009 in partnership with the West Midlands Public Health Observatory. Utilising the complimentary skills and strengths of the Unit and practitioners from the WMPHO there will be a one day Introductory HIA Course held in July in Birmingham and a more comprehensive 3 day HIA Course to be held in Gregynog, Powys in September 2009. For further information see www.whiasu.wales.nhs.uk or contact whiasu@cardiff.ac.uk

Job Opportunities

Research Assistant, School of Health Science, Swansea University

Salary scale: £26,391 to £27,183 per annum

Applicants are invited for the position of Research Assistant in the School of Health Science **Reference 5115**.

The post holder will assist in a project concerned with exploring ageing, migration and nutrition across two generations of Bangladeshi women as part of an interdisciplinary collaboration between the Institute for Health Research at Swansea University, University of Bristol, Sheffield University, Loughborough University, Brunel University and the School of Pharmacy, London University. The post holder will be required to undertake research interviews with women from the Muslim community to seek their views and will also be expected to undertake literature search and review, assist with data collection/analysis and to contribute to the production of reports and papers arising from the project.

Applicants should have a degree in a health or social science discipline, have experience of qualitative and quantitative research methods and have the ability to communicate with colleagues at Swansea, partner institutions and the Bangladeshi community; therefore the ability to speak Sylheti and/or Bengali is essential.

As the successful candidate will be working on a project networking with and engaging women from the Muslim community, the post will only be open to female applicants.

Informal enquiries are welcome and should be directed to Professor Joy Merrell on 01792 518575 or email j.a.merrell@swansea.ac.uk

An application form and further details may be obtained, quoting the appropriate reference, from the Human Resources Department, Swansea University, Singleton Park, Swansea, SA2 8PP, tel. (01792) 295136 (24 hours) or at www.swan.ac.uk/personnel/vacancies. Closing date: **29 May 2009**.

Acknowledgements

Articles for this bulletin were received from our sister e-group (minority ethnic health - MINORITY-ETHNIC-HEALTH@JISCMAIL.AC.UK), our OPAN colleagues (<http://www.opanwales.org.uk/>), our PHIRN colleagues (www.phirn.org.uk) Dave O'Carroll of RCN Research and Development Coordinating Centre, the Black Voluntary Sector Network Wales (BVSNW) and members of the WEDHS network. To find out more about WEDHS, visit our website at www.wedhs.org.uk. Please contact Dr Susanah Kimani (skimani@glam.ac.uk) if you wish to include an item in the next bulletin.

