



Wales Equality and Diversity in Health and Social  
Care Research and Support Service  
Gwasanaeth Cydraddoldeb ac Amgwyddoldeb Cymru mewn  
Cefnogi Iechyd ac Ymchwil Gofal Cymdeithasol

## Research News and Information

### **WEDHS Programme (2005 – 2010)**

The current WEDHS programme has now come to an end. The seed funding provided by the Wales Office of Research and Development in Health and Social Care (WORD) has allowed us to address the findings of a scoping study conducted in 2005 to map the feasibility of establishing a health and social care research and development network covering the needs of Black and Minority Ethnic people in Wales. Based on this study, and following consultations with key stakeholder groups across Wales regarding their research and development priorities, we put in place a four year programme of work. The establishment of a national portal to provide key online research resources and services, the development of regional hubs and core research strands, and the programme of outreach and development work undertaken between 2006 – 2010, have all played a role in establishing WEDHS as a leading research and support service dedicated to promoting linkages between ethnicity, health and social research in Wales. Moreover, WEDHS' research portfolio is increasing steadily, with the majority of

studies developed and funded firmly linked to priorities expressed by our key stakeholder groups.

At this juncture it is important that we thank all the members for their support. Your input has framed and underpinned our work programme. It is also important to thank our staff for the huge amount of work they have undertaken in the development of this research hub: Malcolm Hold, Tue Hong Baker (north Wales) Ashra Khanom (west Wales) Olivia Ambang (SE Wales and Central Office) and Susanah Kimani (Central Office).

Future work is currently being planned. We aim to continue to:

- ✚ Research News and Information
- ✚ Research Funding
- ✚ Events & Opportunities

*With a specific focus on Ethnicity, health and social research, each month we seek to provide up-to-date information on research resources, funding, events, training and job opportunities*

*Articles for this bulletin were received from our sister e-group Minority Ethnic Health (minority-ethnic-health@jjscmail.ac.uk), our PHIRN colleagues (www.phirn.org.uk) Dave O'Carroll of RCN Research and Development Co-coordinating Centre, and the Black Voluntary Sector Network Wales (BVSNW). Please get in contact if you wish to make a contribution.*

*Best wishes, Dr Roiyah Saltus (rsaltus@glam.ac.uk)*

- **Design and support** multi-disciplinary health and social research that has a focus on ethnicity and that seeks to make real impact on the lives of BME people and communities in Wales and beyond
- **Provide and promote** a range of support services: resources, information and guidance for professional and public use
- **Create working partnerships** with BME patients, service users, community groups, the public, voluntary and equality workers, service providers and researchers
- **Offer** the means for professionals and the public to exchange and access ideas, opinions, expertise and information through the WEDHS Gateway.

During this interim period we will maintain the email discussion group, continue to send out research e-bulletins and begin shortly to revamp the website. We plan to publish shortly the findings of a number of studies that have been completed and to publish a comprehensive review of key strands of our work.

As always, we will keep you informed and we will also be seeking your views on future plans and work programmes.

*Dr Roiyah Saltus, on behalf of the WEDHS Partnership*



### **✚ Equality and Human Rights Commission (EHRC) - RESEARCH**

There is now once again a dedicated research section on the EHRC website from where all their research reports can be downloaded:

<http://www.equalityhumanrights.com/our-job/our-research/>

If you experience any difficulty in downloading the research reports, please contact

[Research@equalityhumanrights.com](mailto:Research@equalityhumanrights.com)

Please contact

[Research@equalityhumanrights.com](mailto:Research@equalityhumanrights.com)

to request a copy of one or more of them.

### **✚ Research methods review: Black and Minority Ethnic groups in social care research**

The National Institute for Health Research has commissioned a review of the above, focusing on specific issues of methodology. The research team are looking for any literature from the past few years relating to this or to research methodology with BME groups in related areas of social welfare such as housing or health. If you have suggestions to make about key

literature please send them to me as soon as possible. Gary Craig, Visiting Professor, University of Durham ([gary.craig@durham.ac.uk](mailto:gary.craig@durham.ac.uk))

### **Better Health website**

The Race Equality Foundation has recently launched the Better Health website to provide frontline practitioners with information and guidance on race equality through a quickly expanding, free-to-view collection of evidence-based briefing papers, resources and weblinks. The site also enables practitioners to share ideas and get involved with our good practice forum. Key themes on the site include:

- the impact of personal or institutional racism upon black and minority ethnic service users and staff
- the limitations which exist in the provision of culturally, ethnically and linguistically appropriate health services
- the obstacles to the participation and engagement of black and minority ethnic service users in health services, such as segregation, dispersal or language
- the intersections between age, disability, gender, faith, poverty and ethnicity

- best practice examples to tackle discrimination and disadvantage

If you would like to be added to the mailing list for the accompanying newsletter, contact: Kat Nower, Information Officer, Race Equality Foundation, Unit 35 Kings Exchange, Tileyard Road, London, N7 9AH

Tel: 020 7619 6233

Email: [katherine@racefound.org.uk](mailto:katherine@racefound.org.uk)

## ***Research Funding***

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### **Mary Seacole Leadership and Development Awards**

#### **Applications 2010**

Mary Seacole was a strong, tenacious and determined woman with considerable leadership skills. Born 1805 in Jamaica to a Jamaican mother and Scottish father, she had considerable skills as a doctress and nurse. During the Crimean war she

made a major contribution to nursing practice by nursing wounded British soldiers and demonstrating her commitment to inclusivity. Mary was, and is, an inspiration to nurses from all backgrounds. These awards are made in honour of Mary in recognition of her leadership, her visionary approach to diversity and her outstanding contribution to nursing.

Applications are invited from nurses, midwives and health visitors to participate in the prestigious Mary Seacole Awards programme for 2010/11. There are two award programmes:

**The Mary Seacole Leadership Awards** are worth up to £12,500 each and provide the opportunity to: (i) undertake a specific health care project and (ii) enhance personal effectiveness, leadership style, communication skills and the ability to influence

**The Mary Seacole Development Awards** are worth up to £6,250 each and provide the opportunity to: (i) - undertake a project, or other educational/development activity, that benefits the health needs of people from black and minority ethnic communities and (ii) develop leadership skills

Applications for these awards will close on 25 May 2010. Application forms with further details can be obtained by email from [bukola.samuel@dh.gsi.gov.uk](mailto:bukola.samuel@dh.gsi.gov.uk) or by visiting <http://www.dh.gov.uk/en/Aboutus/Chiefprofessionalofficers/Chiefnursingofficer/index.htm>

### **Bangor University Anniversary Research Scholarships**

As part of their 125<sup>th</sup> anniversary celebrations, Bangor University launched a five year programme of postgraduate expansion. In 2010/11 a further 70 research scholarships, comprising 30 Anniversary Scholarships and 40 ESF supported Knowledge Economy Skills Scholarships (KESS). Although some of the deadlines have passed, there are a few remaining deadlines for Anniversary Research Scholarships in the following Colleges: Arts and Humanities; Business, Social Sciences and Law; Education and Lifelong Learning; Physical and Applied Sciences. The Scholarships provide support for full-time PhD study and comprise

- three year PhD studentships (covering fees and providing an annual

- stipend and an annual research allowance) and three year PhD Bursaries
- (providing an annual stipend only - fees are payable)

Please visit here for more details and how to apply:

<http://www.bangor.ac.uk/scholarships/apply.php.en>

### **NEW IDEAS SOCIAL RESEARCH FUND**

The fund aims to support small research projects that address themes which have clear relevance to the strategic objectives set out in 'One Wales: a progressive agenda for the government of Wales'. A grant of up to £10,000 can be applied for, payable in two instalments - the first on submission of an interim report and the second on completion. We would welcome proposals that involve match funding from other sources.

Proposals should:

- Address one or more of the policy areas listed at Annex A, and have clear relevance to the objectives set out in One Wales: a progressive agenda for the government of Wales.
- Show an advanced understanding of the topic.
- Show an ability to carry out high-quality research.
- Show how the study will add to existing knowledge and understanding.
- Include a clear methodology, timetable and statement of the skills and experience of those who will do the work.
- Demonstrate value for money.

Proposals should be no longer than 2,500 words. The deadline for submission is June 4<sup>th</sup> 2010.

Proposals can be accepted via email or post and should be sent to Kate Mulready at:-

*kathleen.mulready@wales.gsi.gov.uk*

## Events & Opportunities

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### **Wales for Africa Health Links Annual Conference 2010 Thursday 8 July, Swalec Stadium, Cardiff**

The theme this year is "Changing Lives for Good" and will focus on maternal health, child health, environmental health & the challenges

involving students in Health Links. There will be speakers from Wales and from partner countries, with Workshops to be held across the day.

There are over 20 health links in Wales with partners in countries in Sub Saharan Africa., involving at a number of levels and are maintained through the hard work and voluntary contribution of our own healthcare staff. The projects themselves deliver both direct help resources and capacity building through delivery of education and service development programmes and motivation and support to healthcare professions. They also provide benefits to Wales through the development of additional knowledge and skills for our own healthcare staff and opportunities to learn about new cultures and practices.

A full programme of the day will be available from this site shortly. For further information, visit:

<http://www.wales.nhs.uk/sites3/home.cfm?orgid=834> or contact Victoria Evans by email [victoria.evans2@wales.nhs.uk](mailto:victoria.evans2@wales.nhs.uk)

### **Mary Seacole Award Steering Group - Independent member sought**

The Mary Seacole Award Steering Group wishes to appoint an independent member to the Group. This is a voluntary role. The Group meets quarterly and its purpose is to support awardees during their award year and to manage the awards process. The awards are given annually in recognition of Mary Seacole's leadership and outstanding contribution to nursing. This is an unremunerated post. The Appointee will be able to claim reasonable travel expenses to attend meetings and claim for other essential consumables.

Website:

<http://www.rcn.org.uk/research/news/career>

Closing date for applications: 25 May 2010


### ***Advocating for Language Services in Healthcare: Learning from the US experience***

**26<sup>th</sup> May 2010, School of Welsh, Cardiff University.**

We would like to invite you to a public lecture by Dr Elizabeth Jacobs, a specialist on language services in US healthcare. The lecture is sponsored

in collaboration between LLAIS and the ESRC Centre for Research on Bilingualism, Bangor University; and the School of Welsh, Cardiff University.

For further details contact Gwerfyl Roberts, LLAIS consultant, <http://www.llais.org>

 ***Ethnicity and Use of the Mental Health Act***  
***24th May 2010 / London***  
***Conference***

The latest data published on use of the Mental Health Act in England for 2008 / 2009 from the Mental Health Minimum Data Set shows that the rates of detention via the Mental Health Act have increased steeply (The NHS Information Office 2009). The results of the 2009 “Count Me In” Census have also just been published (Care Quality Commission 2010). The Census found that 22% of all patients were from minority ethnic groups compared to 20% for the 2005 Census, possibly reflecting the changing population of the UK. The rates of individuals subject to the Mental Health Act were higher than average for some groups namely the Black Caribbean, Black African, Other Black and White / Black Caribbean Mixed and Other White Groups. The rates of people from

Other Black and Black Caribbean groups detained under Section 37/41 has remained higher than average for the last five years. The rates of admission or detention have not reduced since 2005 for Black and minority ethnic groups.

This one day event will focus on the exploration of the following questions:

- How should we interpret these findings?
- Is racism the main issue behind the fact that some BME groups are over represented in terms of admission and detention rates and also the increased use of certain diagnostic categories such as schizophrenia?
- Should we be focusing on understanding and learning why certain BME groups are not over represented?
- Have the changes to the Mental Health Act been detrimental or helpful? To whom?
- What alternatives are available and seen as useful to people from BME communities who have been, or who are currently at risk of being detained?
- Where do the solutions lie? Should we be focusing on tackling racism in society? Should we be making stronger efforts to address institutional racism within mental health services?

For information on how to book a place or for more information contact:

Ahmed Qureshi (conference co-ordinator), tel. 07540 356 526 or

email us  
on: [bookings.bme@googlemail.com](mailto:bookings.bme@googlemail.com) ,  
visit us on [www.bme-  
mentalhealth.org.uk](http://www.bme-mentalhealth.org.uk)

✚ ***The Food and Fitness for Families Project is a FREE programme***



This programme aims to work with families, primarily from black and minority ethnic (BME) communities to encourage and enable them to make healthier lifestyle choices. It provides advice on nutrition and how to get active in a fun way. The first programme starts from mid April and lasts twelve weeks. It involves

- Adapting recipes and learning about food groups
- Playing games in the local park
- Cooking sessions in community settings
- Play solutions on rainy days
- Visiting local play and leisure services and participating in free taster sessions
- A fun supermarket tour


In addition, there will be weekly practical FUN (Fitness & Nutrition) sessions run exclusively for the

families on the programme. The programme itself is FREE but places are on a first come first serve basis! For further information on how to enrol your family please email [wayoflife@cardiff.gov.uk](mailto:wayoflife@cardiff.gov.uk) or phone 029 2078 8416.

✚ **“The Well-being of Older People in Wales” (Prof. Odette Parry, Glyndwr University) 7<sup>th</sup> May 2010**

Well-being is central to many of the policies being developed by the Welsh Assembly Government to improve the lives of older people in Wales. This seminar will focus on key findings from 40 in-depth interviews conducted with older people in Wales, which have formed part of the Older People’s Well-being Monitor for Wales (Published in November 2009).

For further information about SRA Cymru events (and the activities of SRA Cymru in general), contact Beverley Morgan and Ina Zuncke: [Beverley.Morgan@wales.gsi.gov.uk](mailto:Beverley.Morgan@wales.gsi.gov.uk)  
[Ina.Zuncke@wales.gsi.gov.uk](mailto:Ina.Zuncke@wales.gsi.gov.uk)

 **Communication Skills in Research**  
– *Creating and Maintaining Effective Working Relationships*

**21 May 2010, Blancos Hotel, Port Talbot**

Excellent communication skills are an essential requirement of high quality research practice. This course is aimed at people who wish to increase the effectiveness of their existing verbal and written communication skills in order to improve their working relationships in research.

The course will cover the principles of organisational communication, negotiating and influencing skills. Report writing, email communication styles and writing research information will also be addressed. The day comprises a series of presentations with the opportunity for questions and discussion throughout the day. Please note, there is a follow-up to this course entitled “Communication Skills in Research 2 – *Managing challenges and difficult behaviour*”

Hosted by NISCHR CRC in collaboration with Rachel Harrison Associates Ltd

If you are interested in attending, contact: Email: Sara Newman  
[sara.newman@wales.nhs.uk](mailto:sara.newman@wales.nhs.uk)